

Heart - to - Heart

Theme: “***The Eucharist, a gift from God for life***”

The Eucharist Nourishment for the Soul



*By H el ne Verret
Quebec*

During my spiritual journey, the Eucharist remains a great sacrament. We already know that we must feed the body to keep it full of energy. The Eucharist is the food for our soul, our heart, and our mind that enlivens our spiritual being.

During my journey with Faith and Sharing (for the past 35 years) and my involvement in pastoral work (IREPQ - 10 years), that sacrament has occupied an ever increasing importance in my life. I thank God the Father, the Son, and the Holy Spirit who has guided me at all times during my spiritual journey. As far as I can remember (from the time when I was about seven years old), the Word of God and the Bread of Life have always been with me, have helped me in difficult times, and guided me towards helping persons.

In closing this brief message, I quote a line from a booklet “The Eucharist, a Treasure to Rediscover”, written by Jean-Yves Garneau:

“IN THE EUCHARIST, WE HAVE JESUS, HIS REDEEMING SACRIFICE, HIS RESURRECTION, THE GIFT OF THE HOLY SPIRIT, ADORATION, OBEDIENCE AND THE LOVE OF THE FATHER.”

Let us stay united in prayer. 💜





Author: Jean Debruyne
Text submitted by H el ene Verret

The Eucharist: a Call to the Holy Spirit

Holy Spirit, come and descend upon this bread! May we become the Body of Jesus Christ.

If you come, Holy Spirit, the desert will take on the beauties of a prairie; evil will disappear; and death will be vanquished.

If you come, Holy Spirit, bread and rice will be given to the poor; contempt will disappear; love will blossom.

Come, Holy Spirit, and descend upon this bread! May we become the Body of Jesus Christ.

If you come, Holy Spirit, the future will be bright; peace will flourish; justice will be done; the mute will cry out; and all the children will laugh.

Come, Holy Spirit, and descend upon this bread! May we become the Body of Jesus Christ.

Come, Holy Spirit, bless this wine and bread; increase our hunger; open our hearts and hands for this great feast.

Come, Holy Spirit, and descend upon this bread! May we become the Body of Jesus Christ.  

Heart-to-Heart

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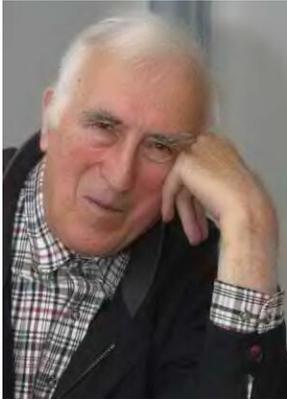
Web site:

www.faithandsharing.net

Themes of upcoming issues

October 2013 (dead line: Sept. 15, 2013): **I need you**

April 2014 (dead line: March 15, 2014): **Jesus' Small Gestures**



The Eucharist

Chapter VI of Saint John really touches my heart. A big crowd follows Jesus because he has healed many sick people; “he does many good deeds”. But what Jesus really wants is a true encounter. That enables him to give us what is the most beautiful: “He who eats my flesh and drinks my blood lives in me and I live in him” (John 6, 56). The Eucharist is truly a sign that Jesus wants to enter into a friendship with us. So the thing to do is to establish a strong relationship with Him and that involves a long journey of purification and freedom from our fears.

The Eucharist is of great importance to me because becoming a friend of the poor is to become a friend of Jesus, and becoming a friend of Jesus is to become a friend of the poor. We cannot separate the two. Benedict XVI says that a Eucharist that is not open to the poor and to a love of the poor is not a true Eucharist! If we eat of the Body of Christ, it is to grow in love. 💜

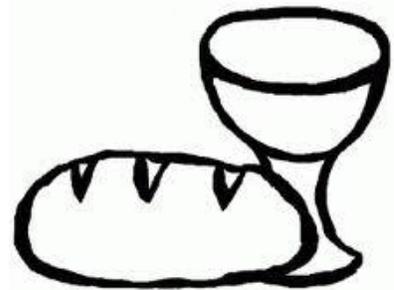
Jean Vanier, April 2011

(Texts as shown on the Web sites of the Paray-le-Monial sanctuaries)

The Joy of God’s Gift



*By Lise Morin
Sherbrooke*



Greetings,

God, in his great generosity and infinite love, by the bread and wine of each Eucharist, offers himself to us. That amazing gift that he so generously gives to each one of us all without exception is a visible sign of a universal communion. Therefore, such a communion, being at the same time human and divine in itself, produces undoubtedly an abundance of graces.

All my life, I will have the tremendous privilege of nourishing my soul by receiving the body and blood of Jesus Christ. That Eucharistic miracle is given to me for my happiness, my own dignity and serenity. It is up to me to put my entire faith into such an awe-inspiring mystery.

The essence of my prayer now consists of being thankful for God’s presence in my life.

Happy springtime. 💜

We are the Living Eucharist

By Michelle Rodio
Cleveland

One symbolic ritual that we have incorporated into the Cleveland Faith and Sharing Retreat is our contribution to the Eucharist for the closing liturgy. On the 3rd day of the retreat, small groups are given an empty brown bag and list of main ingredients. Members of the group act out adding the ingredients, as they give an explanation of what is being added and why. Once the main ingredients are added, group members creatively state their own ingredients and the contributions they symbolize. For example, someone may add raisins because they share sweetness with those around them.



This exercise reminds me that we are the Eucharist for each other. It reminds me that everyone has a gift to offer; and when mixed together, we become one body of love. As we sit around our tables, we offer the Eucharist to our neighbor by name. We eat the Eucharist mindfully recalling the ingredients our community shared throughout the retreat. No one is excluded.



Take a moment to reflect on the gifts you have to share with the people around you. Give them freely. Also, remember that every person you meet has their own Eucharistic gift to share. Open your heart to receive *the gift from God for Life.* 💜

Author: Jean Debruyne
Text submitted by H el ene Verret

Thank you, God, Thank you!

For the sky and its deep blue eyes,
For the dark sky letting its black hair fall;
The Eucharist!
Thank you, God, thank you!

For the earth and its colorful shoes,
For the flowers, the grass and the undulating corn.
The Eucharist!
Thank you, God, thank you!

For the cat and the dog, the sparrow and the robin,

The lion, the elephant, the tiger and the deer.
The Eucharist!
Thank you, God, thank you!

For woman and man, children and the aged,
The ears, the nose, the mouth and the eyes.
The Eucharist!
Thank you, God, thank you!

For the broken bread on a white table cloth,
Where we will celebrate Mass on Sunday.
The Eucharist!
Thank you, God, thank you! 💜

Theme: "The Eucharist, a gift from God for life"

"Your sons shall prophesy"



By Jean Roy
Sherbrooke

"I will pour my spirit on all mankind. Your sons and daughters shall prophesy, your old men shall dream dreams, and your young men see visions." Joel 3:1

Since last September, my nephew Clément, 18 years old, is doing his studies in Wales, in a school that is a member of the "United World Colleges". These are schools offering courses at the collegiate level and that receive students from all over the world. In his college, there are young people from 90 different nationalities. Clément truly appreciates his school. While experimenting with interesting things during his courses and enjoying very stimulating extracurricular activities, he is able to mix with boys and girls from different cultures. He shares a room with a Dane, a Chinese and a Monacan.



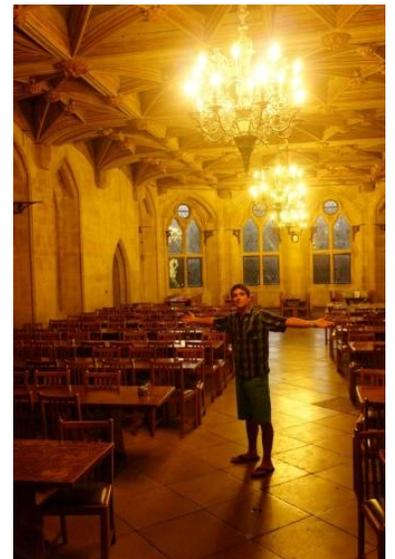
To communicate with his family and friends, Clément makes use of a blog, a modern version of a circular. The headline of his blog is: "Went to College abroad with one hope; making the world better..."

By means of his blog, I was able to follow what he was learning, his dreams, his disappointments, his experiences and his projects. One of his projects really caught my attention. It's an idea that he developed during some workshops with other students. The name he gave to the project is "EAT 4-2" (Eat for two). It's a matter of serving excellent meals, as in the restaurants, in exchange for an amount that is double the cost of the food eaten. The profits so gained are given to an organization that helps to feed people in need; thus the idea of "EAT 4-2".



Twice at his school, Clément and his friends tried the idea and it turned out to be a success. I was impressed. So, we can pay for a good meal, but still be conscious of the needy and share with them.

Knowing that Clément would be in Sherbrooke for the Christmas Holidays, I suggested to him that we organize a meal "EAT 4-2" on New Year's Day at my place because I host the whole family each year. His answer: "What a wonderful idea!". So we went ahead with the project.



A few days before January 1st, Clément consults his sisters and they prepare a dinner menu offering six courses! December 30th, I purchase the groceries. December 31st, Clément arrives at my place around 9 a.m., his cousin Gabrielle, 17 years old, also arrives and we do the cooking till 2 p.m. After a lot of work, our six courses are ready. And it's a good thing that Clément did some cooking the day before preparing some of the dishes...

On January 1st, there are 19 guests at my home. The tables are set in the basement and the kitchen is a battlefield. Clément, Gabrielle, my niece Laurence, 15 years old, are busy heating the food and preparing the plates. The twins Olivier and Zachary, 7 years old, are the servers. What a feast. Joy is in the air. A beautiful beginning for the New Year!



Before the dessert, Clément explains what is meant by "EAT 4-2", and asks to what organization do we want to give the profits. A discussion is launched and each one gives his preferences. A bag is circulated into which each one discreetly puts his financial contribution. After the dessert, we reach a consensus: half of the donations will go to a local organization, "La Chaudronnée", that offers, at a low cost, meals to the needy. The other half will go to my aunt, Sister Denise Pariseau, a Spiritain missionary in Cameroon, who ministers to people in a Yaoundé prison. We count the money that we collect: it amounts to more than double the cost of the food. Thus, we fully respected the basic idea of "EAT 4-2".

After the celebration, I was greatly touched. We were happy to be together. We did not want our happiness to be limited to ourselves but that it shone among others. Charitable events such as telethons, Christmas charity collections exist everywhere, but this one was initiated by my nephew. And it is not the first time that Clément organizes such philanthropic events. Of this one we could say that it is a simple profit-making meal among many others. But for me, it was out of the ordinary. The Lord has used Clément as an instrument to invite us to sharing.



My father passed away in April 2011. When I was young, he would say grace before the meal, and he would finish the prayer by asking the Lord "to give food to those who have none".

Clément, my nephew, was not baptized. He received no catechism courses. Probably he has never heard his grandfather say grace before a meal. Nevertheless, it did not hamper the Holy Spirit in inspiring him. He understood the beauty of nourishing those in need of food. He did something and also made us accomplish something.

I often heard Father Gérard Marier quote the prophet Joel: "Yours sons will prophesy" (Joel 3:1). I saw those words come to life. As did the Prophets, Clément made us aware of sharing and turned us toward love and therefore toward what God wants.

The Eucharist is a meal where God is present. Thank you Lord, for this meal that we have partaken with You. 💜



The Eucharist, God's Gift for Life



*By Sister Claudette Dumont
Quebec*

Each evening, I check my agenda to see what activity or commitment awaits me, and I ask myself: "Where will I attend Mass?" It is my daily Bread. I collect the parish bulletins that help me to make up my mind. My parish? It is where I attend Mass!!! The diocese, really!!!

One day, somebody told me: "You put a lot of mileage on your car to go to Mass. Gas is expensive." I laughed and said: "Yes, I travel a lot for God, while many others put on more mileage than I do to go to the shopping centres."

That heritage, I owe to my mother. I remember our determination to go Mass even though we lived 1 km from the parish church. The first Fridays of the month were sacred. One evening, while my father was cleaning the cages of the dogs that he was breeding, my mother sent me to help him so that he would not miss Mass. At an early age and because of my family, I considered the Eucharist to be a "Gift for Life".

I attended the Eucharist in a tepee or in a long house when among the Indians in Northern Alberta, in an African hut (Urugo) in Rwanda, in a Mexican shantytown, outside near a lake, in a small church, in a cathedral, in basilicas where pilgrims assemble, in a family kitchen, etc. Each time, it was the same Mystery that was celebrated, the same "Gift of Love" given by Jesus for the Life of humankind.

I give thanks to God for the gift of Himself: "Thirsting for Love, I take you in my hands... and You become A RIVER OF ETERNAL LIFE." 💙

Author: Jean Debruyne

Text submitted by H  l  ne Verret

The Eucharist is a GIFT

God delivered his people from prison, it is a GIFT !
God has taken away the darkness of our nights, it is a GIFT !
God doesn't expect to be paid for His Love, it is a GIFT !
God doesn't write a bill for his kindness, it is a GIFT !
God never expects anything in return, it is a GIFT !
God is not for sale, it is a GIFT !
No one can buy God with prayers, it is a GIFT !
Our thanks do not repay God, it is a GIFT !
The feast is not an obligation, it is a GIFT !
THE EUCHARIST, A GIFT !
It is meant to be enjoyed... 💙



A Faith and Sharing Experience

*By Jennifer Robinson
L'Arche Homefires
Wolfville, Nova Scotia*

This past August I was given the honour of attending my third Faith and Sharing retreat in Yarmouth Nova Scotia. I had attended my first Faith and Sharing just a few months after joining the L'Arche Homefires community in 2010. It has become an end-of-summer tradition for me, and one I hope to continue for as many years as possible. This year Machel Hubble, Bobby Deveau, Derek Smith, Clemence Polle, Michael McNeil and I packed ourselves into a van and made the journey together.

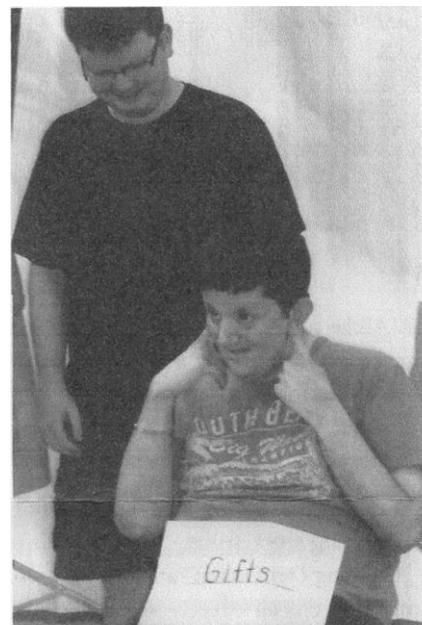
It was an incredible weekend. Faith and Sharing is a place where all of the masks and facades you wear in the outside world can fall away, and you can allow your true self to shine without fear of judgement or ridicule. The first time I went I had no idea at all what Faith and Sharing was all about – I was just along for the ride. What I experienced rejuvenated me and made me feel so much more in touch with my own budding spirituality. This has continued to be my experience.

There were talks given by the animator, time for song, prayer, and we also gathered in small groups to discuss how the day's talks resonated with us. We could feel comfortable within these small groups to open up, talk about our own anxieties, fears, struggles and get support from the group.

Meal times were always great fun, giving us the opportunity to sit next to someone we might not have known very well and enjoy a delicious meal together, prepared by the friendly kitchen staff. There was time for quiet prayer and reflection, but also lots of time for laughter and conversation. The incredibly talented Patrick, from L'Arche Saint John would always serenade us with songs on the piano in the dining room, encouraging sing-a-longs and dancing. There was time for skits, plays and poems at the last supper, which always caused uproars of laughter.

The very last night of the retreat, we gathered in a large circle, in a candlelit room and took time to share what the experience meant to us. There were so many people who said that when they

came to Faith and Sharing it felt like coming home; I had to agree. There wasn't a time when I felt uncomfortable or tetchy. Rather, I felt peaceful, joyful and spiritually sated. I've met so many inspiring people at each Faith and Sharing Retreat. People I don't see during the year, or even know very well, I greet like long lost friends upon our reunion. Faith and Sharing has given me the gift of so many beautiful friendships and allowed me to further discover my spirituality in a safe and understanding environment. I was able to have a very special experience with Machel, on which strengthened our relationship even further. I feel so blessed to have had three Faith and Sharing opportunities so far. I hope to get to "go home" again. 💜



Bob & Michael Celebrating their Gifts



Clemence, Derek, Jenn & Machel at the Yarmouth Retreat

Three Deceased People (Quebec)

By Claire Delisle Léger
Québec



Danielle Grenier
Passed away January 15
Age 54



Françoise Bisson
Passed away January 16
Age 86



Marcelle Martel
Passed away February 26
Age 77

For those three long standing members of the Faith and Sharing Community, we sing the following:

What you have given will blossom in others
Whoever loses his life, one day will find it again.

What you have sown will remain
What you have shared with the seekers of happiness...

Excerpts from "IL RESTERA DE TOI" (What will remain of you)

Words: Michel Scouarnec, music: Jo Akepsimas 💜

Gilles Croteau 1928-2013

By Maria Burelle Hurtubise
Sherbrooke

On January 15th, 2013, the Faith and Sharing Community of Sherbrooke lost one of its founding members. Gilles Croteau passed away at the age of 84 after a lengthy illness.

In 1971, with many others, he participated in the founding of Faith and Sharing in the Sherbrooke area.



For those who knew him, they will remember him as a man of great generosity. He spared neither his strength nor his efforts to bring to the meetings of Faith and Sharing and to the evening prayers, people who could not attend on their own. It was a time when handicapped accessible transportation did not exist or hardly so.

He was also a man of great faith, a man of prayer who enjoyed being fraternal. Many are still indebted to him for his compassion in difficult times.

His sense of amazement was really noticeable. He knew how to appreciate his surroundings and to be sensitive to the beauty of this world. To the very last, he marveled at the freshly fallen snow, at the beauty of the flowers that were placed at the head of his bed. He was touched by the kindness of his friends who came to visit him and by the good services rendered to him by the nursing staff.

Gilles was an artist who knew how to see beauty in the smallest objects. His Christmas decorations were of high quality. Year after year, he would create Nativity scenes and Christmas trees remarkable for their very beautiful originality. I especially remember one Nativity scene that he had made for a Christmas meeting of Faith and Sharing toward the end of the 80's... With so little, he had managed to create a wonderful and inspiring scene. We could see the influence of his years with the Boy Scout movement.

The reassuring presence of Denise, his wife for over 58 years, was a strong comfort for him right to the very end.

Gilles, do not forget us. Pray for us. We'll always miss you. 💜

Émile LeBlanc 1923-2013

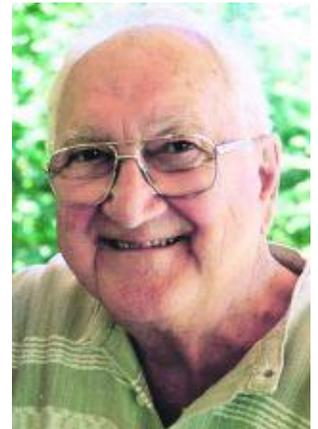
*By Marc Rioux
French Coordinator*

Émile LeBlanc passed away peacefully, surrounded by his family, last February 1st, at the age of 89.

Émile, his wife Jacqueline Jean, and his daughter Claire were all three involved in the origins of the *Faith and Sharing* communities and also in the *Faith and Light* movement in the diocese of Edmundston. They then moved to Hull and were also involved in those of the *Outaouais* region (Quebec and Ontario).

Jacques Huppé, a priest also involved in *Faith and Light* and *Faith and Sharing* in the *Outaouais* region, presided over the funeral celebration.

Let us pray for Émile, Jacqueline, their family and friends during this difficult time. Let us give thanks to the Lord because we know that Émile believed in the resurrection of Jesus, our beloved Saviour. 💜



North American Spiritual Guide



By Jacques Pelletier

After a considerable time given to prayer and discernment, I have decided to resign from the North American Committee as spiritual guide.

This does not affect in any way my deep attachment to Faith and Sharing and to the spirituality as developed by Jean Vanier. Such realities continue to nourish my spiritual life. And I remain available to render other different services to Faith and Sharing.

I would like my resignation to be effective in June when the next North American meeting takes place in Toronto.

You are therefore invited to submit to one of the members of the North American Committee the names of persons that could fill this position; then the committee will choose the next spiritual guide. I remind you that all persons are eligible: man or woman, a lay person, a priest, a religious...

Let us all pray that Holy Spirit may guide us in such an important choice! 

Lectures on the internet

Note: These lectures are in French only

Jean Vanier

Not too long ago, conferences given by Jean Vanier taped by “*La Maison Les Béatitudes*” were made available on “YouTube”. They were taped in an audio version during Faith and Sharing retreats from 1991 to 1996.

Accessible by “*La Maison Les Béatitudes*” Web site:

www.foietpartage.net/beatitudes/video.html

Quebec Faith and Sharing

The Quebec team continues to put on their Web site the talks given on the days of prayer and during the last retreat, audio version.

On the Web site www.foietpartage.org under the title “*Ressourcement*”, sub-section “*Allocutions disponibles*” and “*Retraite populaire d’été*”. 

2013 North American Retreat

Included with the Heart to Heart bulletin, you will find a registration form for the North American retreat that will take place in Toronto from June 10th - June 13th. The North American committee hopes to gather at least one person (it can be more...) from all the Faith and Sharing communities. Each local community may delegate a person.

Money should not be an obstacle to attending that retreat. The North American committee has funds available and may help to pay for room and board and transportation. One has only to ask.

The place is accessible to people in wheelchairs and everything is included: bedding, towels,...

More information on the registration form and on the Web page: www.faithandsharing.net. 

Financial Support for Heart-to-Heart: Thank you!

By Jean Roy
For the bulletin team



In October 1996, the Sherbrooke team took over from Louise Bergeron the production of the North American bulletin of Faith and Sharing, now known as *Heart-to-Heart*. In a letter announcing that transition, we established the following prices for the subscriptions:

1 year (2 bulletins)	\$ 3.00
2 years (4 bulletins)	\$ 5.00
3 years (6 bulletins)	\$ 6.00
Support subscription	\$ 5.00 per year.

We had also written the following:

A support subscription is very important for us because we barely can make it financially with the regular subscriptions. If you are ready to support the bulletin, such generosity would be greatly appreciated.

For these past 17 years, we did not increase the price for the regular subscriptions. We had a sufficient number of support subscriptions to cover our expenses. It allows us to keep the bulletin available to all. We no longer encourage subscriptions for one or two years so as to reduce the administration tasks. At \$6.00 for 6 bulletins, we do not even cover the postal costs which are \$1.10 for Canada, \$1.34 for the United States, plus taxes. Therefore, the support subscriptions allow us to keep on sending Heart-to-Heart.



Our most sincere thanks to all those who give us their financial support. Special thanks go out to all those who receive the bulletin by means of the internet (subscription is free) but who nevertheless contribute financially. Such generosity is an aspect of God's divine Providence; God is discreetly at work in many persons' hearts. Thus, the Word of God is made known by our bulletin; the activities of Faith and Sharing are publicized; and the relationship among the communities is maintained.

Please note that we presently have almost the same number of subscriptions that we had in 1996, that is 220.

Our thanks also to all those who contribute to the success of the bulletin. Persons who write the articles, who do the translation, who revise the articles, who do the editing, who see to sending out the bulletins and those involved in the administration. Because of all those efforts put together, Heart-to-Heart can continue to serve Faith and Sharing, and the Holy Spirit. 💖

You are invited to a sharing of your thoughts Renewal



By Marc Rioux, French coordinator
and Jean Roy, Webmaster

In the last publication of Heart-to-Heart (October 2012), Jacques Pelletier, spiritual animator, shared reflections of the North American committee concerning a renewal of our communities, a very worrisome subject.

You can find Jacques' text on the following Web site:
www.faithandsharing.net/pdf/JacquesPelletierOctober2012.pdf

The North American committee now wishes to extend that reflection to all the "members" of Faith and Sharing.

A letter was sent to all the local coordinators inviting them, along with their committee and their community, to take part in that sharing.

A Web page is now available containing certain questions:

www.faithandsharing.net/renewal.html

These questions inspired by Acts 2, 42:

The screenshot shows the 'Faith and Sharing Federation' website. The page has a header with a heart logo and the title 'Faith and Sharing Federation'. Below the header is a navigation menu with links for Home, French communities (Montreal, Ottawa, Quebec, Rouyn-Noranda, Sherbrooke, Valleyfield), English communities (Canada: Halifax, Saskatoon, Toronto, Vancouver Island, Yarmouth; United States: Cleveland, Detroit, Jacksonville), Heart-to-Heart Bulletin, Prayer, Documents, Renewal, Links, and Contacts. The main content area is titled 'Renewal' and contains the following text: 'What will become of Faith and Sharing during the year 2013 - 2015 - 2020?' followed by a paragraph about the 50th anniversary of Vatican II. Below this is a section 'Getting underway' with the text: 'Individually or with your community, take the time to pray before sharing. Review the text from the Acts of the Apostles that promotes the steps that we suggest: "In the early days of the Church, they remained faithful to the teaching of the apostles, to the fellowship, to the breaking of the bread and to the prayers." Acts 2:42'. At the bottom is a 'Prayer' section with the text: 'Lord, Thank you for the life that you already gave us. May our heart be opened to your Spirit to welcome new ideas, new visions,'.

If it is true that the way things were done some 40, 30, 20, 10 years ago or less no longer suits the people of today, what conversion (what to put aside, what to improve, or what to change that could connect with the younger generations) must be undertaken in our Faith and Sharing community concerning the following points:

1. Fellowship?
2. The Word of God?
3. Our commitment:
 - A- to the Faith and Sharing community during the meetings (animation team, support, help, ...)?
 - B- towards the members of our community outside of the meetings?
 - C- towards people who do not participate in our meetings or activities?
4. The way we A- celebrate?
 - B- pray?

We invite you, "members" of Faith and Sharing, to pray on those questions and to respond to them by returning your written answers.

And with your permission, we'll add your reflections to the Web site. It is not necessary to use an elegant style or dazzling ideas. As within the sharing teams, it is important to be sincere and to let the Holy Spirit speak to your heart and through you.

You can send your reflections by email to our Webmaster Jean Roy: jea_r@videotron.ca or by mail at the bulletin's address: 2295 Galt West, Sherbrooke, QC, J1K 1K7

Thank you for taking the time to share your thoughts for the good of Faith and Sharing.

2013 Retreats

Location	Dates	Theme	Animator	Person to contact	Remarks
Scarboro Foreign Mission Toronto (Ontario)	June 10 – 13	“I need you”	An “experienced” team of Faith and Sharing	Isabelle Frappier 613-741-8769 isabelle_f@hotmail.com	North American retreat (bilingual)
Ursuline College in Pepper Pike, near Cleveland (Ohio)	June 27 - 30	“We believe”	Mary Bastedo Fr. Jacques Pelletier	Chris Alvarado avogadro@gmail.com Michelle Rodio mrodio@hotmail.com	With children and youth programs
N.-D.-des-Neiges Church Montréal (Qc)	July 11 – 13	“Where are you in your faith?”	Fr. Luc Laurence	Mary Munroe 514-481-1387 munroe80@videotron.ca	Open retreat Bring your lunch
Précieux-Sang Church Sherbrooke (Qc)	July 29 – 31	“Aging in God, the soul serene”	Brother Yves Légaré, s.c.	Lise Morin lise.morin52@videotron.ca	Open retreat
St. Paul of the Cross Retreat Center Detroit (Michigan)	August 2 – 4	Journey with the Psalms: from Lamentations to Praise	Rita McEachen Neal Vivian Spence	Pat Mueller: 248-661-9041 paulmueller1@juno.com John Fitzpatrick: 248-624-9821 jmfitzpatrick@msn.com	
L’Oasis de la Charité Rouyn-Noranda (Qc)	August 6 – 8		Bishop Dorylas Moreau	Gisèle & Émilien Labelle 819-762-2515	Open retreat
Camp St. John Jacksonville (Florida)	August 6 - 10		Fr. Ron Camarda Sr. Maureen Kelley	Rebecca Aleman 904-230-7447 dosacamps@gmail.com	
Marylake Toronto (Ontario)	August 11 - 15		Fr. Gerard Ryan s.j.	Monica Donovan 416-425-9944 Patrick Treacy 416-512-1245 patrickthink@yahoo.com	
Bethlehem Retreat Center Nanaimo (BC)	August 11 – 16	“Fullness”	Carma Gjerning	André & Mary Catherine Ruel 250-338-9072 amcruel@shaw.ca	With children and youth programs
Ste-Angèle of St-Malo Church Quebec (Qc)	August 19 - 21	“Put out into the deep water” Luke 5:4	Sr. Françoise Massé Marc Rioux	Jean-Claude Lizotte 418-831-0125 iclizotte@gmail.com	Open retreat
St. Ambrose Parish Center Yarmouth (NS)	August 22 - 25		Gus Leuschner (Community Leader, L’Arche Antigonish)	Marilyn Moore : 902-742-0039 marilynmoore.moore@gmail.com Donna Newell : 902-663-2236	Open retreat
St. Augustin Church Valleyfield (Qc)				Julie Prigent : 450-373-1956 pregent.julie@bell.net	1 day retreat Shared meal